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bembomSA

bembom\_ZA

www.bembom.co.za

## CAFÉ E OUTROS // HOT BEVERAGES

OUR *bembom* COFFEE: **LAVAZZA** (FULL BODIED COFFEE BLEND WITH PLEASANTLY BALANCED AROMAS OF CHOCOLATE & DRIED FRUIT WITH A PLEASANT COCOA AFTERTASTE. THIS IS A 60% ROBUSTA & 40% ARABICA BLEND.

EXTRAS: DECAF // R3 CREAM // R7 EXTRA SHOT OF ESPRESSO // R8  
OAT MILK // R10 ALMOND MILK // R10 HOT WATER & LEMON // R14  
HAZELNUT & CARAMEL LATTE SYRUP // R6

*bembom* COFFEE (COFFEE WITH CONDENSE MILK) RECOMMENDED\*  
SMALL // R29 LARGE // R35 LATTE // R42

BICA / ESPRESSO // R22 BICA DUPLA / DOUBLE ESPRESSO // R29

ITALIANO / SHORT ESPRESSO // R22

GAROTO / SHORT ESPRESSO WITH MILK // R22

MACCHIATO / SHORT ESPRESSO WITH FROTHED MILK // R24

CAFÉ MOCHA / HOT CHOCOLATE & A SHOT OF ESPRESSO  
WITH TEXTURIZED MILK // R38 NEW

CARIOCA DE CAFÉ / A SHORT ESPRESSO FILLED WITH HOT WATER // R22 NEW

MEIA DE LEITE / FLAT WHITE CAPPUCCINO  
(SINGLE ESPRESSO WITH STEAMED MILK & A THIN LAYER OF FOAM) // R29

CAPPUCCINO - 165ML  
(SINGLE ESPRESSO WITH STEAMED MILK & A THICK LAYER OF FOAM) // R30

CAPPUCCINO GRANDE - 200ML  
(DOUBLE ESPRESSO WITH STEAMED MILK & A THICK LAYER OF FOAM) // R38

RED CAPPUCCINO (ROOIBOS CAPPUCCINO) // R37

RED LATTE (ROOIBOS LATTE) // R42

GALÃO / LATTE (SINGLE SHOT ESPRESSO WITH POURED STEAMED MILK) // R34

GALÃO FORTE / LATTE (DOUBLE SHOT ESPRESSO WITH POURED STEAMED MILK) // R41

AMERICANO / (SINGLE SHOT ESPRESSO FILLED WITH HOT WATER) // R28

AMERICANO FORTE / (DOUBLE SHOT ESPRESSO FILLED WITH HOT WATER) // R35

CARIOCA DE LIMAO COM MEL / GLASS WITH BOILING WATER,  
LEMON PEELS & HONEY // R14 NEW

## HOTTIES

HOT CHOCOLATE // R42 | MILO // R42 | BAR ONE // R44  
CHAI LATTE // R42 | MILKY BAR // R44 | HORLICKS // R46

## CHÁ // TEA

ROOIBOS | FIVE ROSES | GREEN TEA | CAMOMILE // R22

## FREEZOS

EXTRA: WHIPPED CREAM & GARNISH // R7

COFFEE // R46 | DBL COFFEE // R53 | BAR ONE // R47 | MILKY BAR // R47

## FRUIT CRUSHERS

ADD PLAIN YOGHURT TO MAKE IT A SMOOTHIE // R13

PASSION FRUIT // R42 | MANGO // R42 | RASPBERRY // R42 | GINGER BEER // R42 NEW



BEEMBOM COFFEE TRIO



IMPORTED DRINKS

## SUMOS // SODAS & JUICES

SIR JUICE 350ML // R32

FRESHLY SQUEEZED ORANGE JUICE // R36

SODA 200ML // R24

SODA 300ML // R26

APPLETISER // R32

ICE TEA LIPTON 300ML // R29

ROCK SHANDY // R39

CORDIALS - LIME | PASSION FRUIT | KOLA TONIC // R9

## IMPORTED SOFT DRINKS SUBJECT TO AVAILABILITY

SUMOL 330ML // R30 | COMPAL 200ML // R28 | GUARANA // R32

UCAL DE CHOCOLATE // R41 | BRISA MARACUJA // R37

## AGUAS // WATER

*bembom* STILL / SPARKLING // R20

## IMPORTED WATER

AGUA DO LUSO/500ML // R28 AGUA DAS PEDRAS SPARKLING 250ML // R24

**IMPORTANT FACT: ALL OUR BREADS & PASTRIES ARE MADE AT OUR *bembom* CENTRAL BAKERY. ALL PRODUCTS ARE MADE FROM ORIGINAL RECIPES.**

PÃO CARÇAÇA / SOFT TEXTURED LOAFED BREAD

PÃO DE CENTEIO / RYE BREAD

PÃO DE SEMENTES / SEEDED BREAD

PAPO SECO / PORTUGUESE ROLL

PÃO DE LEITE / SWEET DOUGH BREAD

PÃO DE DEUS / SWEET DOUGH BREAD TOPPED WITH A COCONUT EGG MIXTURE

ALMOFADINHAS / TRAMEZZINI

BOLO DO CACO / FLAT BREAD ORIGINALLY FROM THE MADEIRA ISLANDS

PÃO CASEIRO / HOME-MADE SOURDOUGH BREAD

SEASONAL FRUITS & VEGETABLES SUBJECT TO AVAILABILITY. SOME FOOD ITEMS HAVE TRACES OF NUTS & SESAME SEEDS. ALL VISUALS ARE SUGGESTED SERVINGS ONLY. ALL EXTRAS & CHANGES WILL BE CHARGED FOR ACCORDINGLY. MOST OF THE ITEMS ON THIS MENU ARE AVAILABLE AS A TAKE-AWAY. NO SPLITTING OF BILLS IS ALLOWED



# OUR MENU

live the moment • vive o momento



BOLO DO CACO

## PEQUENO ALMOÇO // BREAKFAST

EGGS MAY BE ORDERED POACHED, FRIED OR SCRAMBLED.

WAKE UP SHAKE UP // **R46** 

A SLICE OF TOASTED CARÇAÇA BREAD TOPPED WITH 2 RASHERS OF BACON & FRIED OR POACHED EGG SERVED WITH A COMPLIMENTARY FLAT WHITE COFFEE.

PÃO DE LEITE BREAKFAST // **R76**

TOASTED PÃO DE LEITE, FILLED WITH BACON, GRILLED MUSHROOMS, SLICED TOMATO, AVOCADO, FRIED EGG & BAKED BEANS, SERVED SEPARATELY.

NACIONAL // **R84**

TWO EGGS, BACON, TWO BEEF BREAKFAST SAUSAGES, GRILLED TOMATO, ONION & SERVED WITH BAKED BEANS.

BANTING FILLET STACK // **R109**

100G GRILLED FILLET SEASONED WITH A GARLIC & BAY LEAF RUB, PLACED ON A SPINACH & FETA MIX, TOPPED WITH BACON, CARAMELIZED ONION, AVOCADO & FRIED OR POACHED EGG – GARNISHED WITH PUMPKIN SEEDS & DRIZZLED WITH PESTO.

EXTRAS: SLICE OF BUTTERED TOAST // **R7** BUTTER // **R7** JAM // **R8**

## OVOS MEXIDOS E OMELETS // SCRAMBLED EGGS & OMELETTES

SERVED WITH A SLICE OF BUTTERED CARÇAÇA TOAST.

SUBSTITUTE: SLICE RYE OR HEALTH TOAST // **R7**

SIMPLES // **R44** *Vegetarian*

THREE EGG OMELETTE OR SCRAMBLED EGGS.

MINI *bombom* // **R36** *Vegetarian*

TWO-EGG OMELETTE OR SCRAMBLED WITH PARSLEY, GRILLED TOMATO & ONION.

O ITALIANO // **R86**

TRADITIONAL OMELETTE, FILLED WITH A FRESH TOMATO SALSA & GRATED CHEDDAR TOPPED WITH BACON, SLICED TOMATO & AVOCADO, DRIZZLED WITH OLIVE OIL & SPRINKLED WITH OREGANO.

CREATE YOUR OWN TRADITIONAL OR EGG WHITE OMELETTE WITH THE FILLINGS BELOW:

PARSLEY / TOMATO / ONION // **R7** EXTRA EGG // **R9**

HALF AVO / 80G MUSHROOMS / 50G GRATED CHEESE (MOZZARELLA, GOUDA, CHEDDAR) / 50G CONTINENTAL HAM // **R22** 3 RASHERS BACK BACON // **R22**



OLD FASHION CHICKEN PESTO

## TORRADA PORTUGUESA

THICK SLICE OF TOASTED BROWN OR CARÇAÇA BREAD WITH BUTTER.

MEIA TORRADA / 1 SLICE HALF PORTION // **R14**

TORRADA À PORTUGUESA / 2 SLICES FULL PORTION // **R25**

## TOSTAS // TOASTED SANDWICHES

CHOICE OF WHITE OR BROWN BREAD, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

SUBSTITUTE: 2 SLICES RYE, HEALTH OR SOURDOUGH BREAD // **R7** TOMATO // **R7**

CHEESE CHOICES: MOZZARELLA & GOUDA

SALSICHÃO, CHEESE & EGG // **R57**

CHEESE OR CONTINENTAL HAM // **R47**

CHEESE & CONTINENTAL HAM // **R67**

BACON & EGG // **R59**

BACON & CHEESE // **R65**

BACON, CHEESE & EGG // **R71**

CHICKEN MAYO // **R65**

## TOSTAS GRELHADAS

FILLED BUTTERED PÃO CASEIRO, GRILLED ON A SKILLET, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

OLD FASHION CHICKEN PESTO // **R79** **NEW**

SLICED GRILLED CHICKEN BREAST, TOPPED WITH MOZZARELLA, PAN-FRIED CHERRY TOMATOES & PESTO MAYONNAISE.

## ALMOFADINHAS (TOASTED HOME-MADE FLAT BREAD)

ALMOFADINHAS ARE BRUSHED WITH EXTRA VIRGIN PORTUGUESE OLIVE OIL & HERBS, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOME-MADE PICKLES OR SALAD.

CAPOEIRA // **R82** BITE SIZE FLAT BREAD // **R50**

MOZZARELLA CHEESE, CHICKEN MAYO & GHERKINS.

RUSTICO // **R89** BITE SIZE FLAT BREAD // **R56**

MOZZARELLA CHEESE, AVO, BACON.

## PASTELARIA // PASTRIES

FOR MORE VARIETY OF THE BELOW, PLEASE VISIT OUR HOMEMADE PASTRY DELI DISPLAY. FRESHLY BAKED DAILY.

PASTEL DE NATA / CUSTARD TART // BOLO DE ARROZ / RICE CAKE

PASTEL DE NATA COM NUTELLA / CUSTARD TART WITH NUTELLA

PASTEL DE FEUÃO / ALMOND TART // PASTEL DE AMÊNDOA / ALMOND & EGG TART

BOLO DE LARANJA / ORANGE CAKE // CROISSANT DE CHOCOLATE / CHOCOLATE CROISSANT

BOLA DE BERLIM COM OVOS MOLES / BERLINA BALLS WITH HOME-MADE CUSTARD

TARTE DE LEITE / MILK TART

## PORTUGUESE SPECIALITY BREADS, TOPPERS & FILLERS

FILL OUR BUTTERED SPECIALITY BREADS OR CROISSANTS, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD .

CHOICE OF BUTTERED BREADS & CROISSANTS:

PORTUGUESE ROLL // **R5** PÃO DE LEITE // **R13** PORTUGUESE CROISSANT // **R13**

BUTTER CROISSANT // **R16** PÃO DE DEUS // **R16** MEDIUM BOLO DO CACO // **R14**

CHOICE OF FILLINGS:

CHEESE (RICOTTA, GOUDA & MOZZARELLA) OR CONTINENTAL HAM // **R22**

CHEESE (RICOTTA, GOUDA & MOZZARELLA) & CONTINENTAL HAM // **R37**

2 EGGS // **R18** BACON & EGG // **R29** PRESUNTO / PARMA HAM // **R68**

PRESUNTO / PARMA HAM & CHEESE (RICOTTA, GOUDA & MOZZARELLA) // **R80**

SALSICHÃO, CHEESE (RICOTTA, GOUDA & MOZZARELLA) & EGG // **R48** **NEW**

## PREGOS

CHOICE OF OUR MARINATED BEEF OR CHICKEN PREGO, PREPARED ON A PORTUGUESE ROLL, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

TRADITIONAL - BEEF // **R56** CHICKEN // **R49**

OVO - PREGO WITH A FRIED EGG BEEF // **R63** CHICKEN // **R56**

ESPECIAL - PREGO WITH CHEESE (MOZZARELLA OR GOUDA) & HAM BEEF // **R71** CHICKEN // **R64**

SUPER - PREGO WITH CHEESE (MOZZARELLA OR GOUDA), HAM & EGG BEEF // **R78** CHICKEN // **R71**

## BOLO DO CACO PREGOS

CHOICE OF OUR MARINATED BEEF OR CHICKEN PREGO, PREPARED ON A GARLIC BUTTERED MADEIRA BOLO DO CACO, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

TRADITIONAL - BEEF // **R66** CHICKEN // **R59**

OVO - PREGO WITH A FRIED EGG BEEF // **R73** CHICKEN // **R66**

ESPECIAL - PREGO WITH CHEESE (MOZZARELLA OR GOUDA) & HAM BEEF // **R83** CHICKEN // **R74**

SUPER - PREGO WITH CHEESE (MOZZARELLA OR GOUDA), HAM & EGG BEEF // **R89** CHICKEN // **R82**

## SALGADOS // SAVOURIES

FOR MORE VARIETY OF THE ABOVE, PLEASE VISIT OUR SAVOURY DELI DISPLAY.

PASTEIS DE BACALHAU / CODFISH CAKES

RISSOLE DE CAMARÃO / PRAWN RISSOLE

RISSOLE DE GALINHA / CHICKEN RISSOLE

RISSOLE DE CHOURIÇO E QUEIJO / CHEESE & CHORIZO RISSOLE

## SALADAS // SALADS

SALADA DE FRANGO // **R91**

MIXED GREEN SALAD, GRILLED MARINATED CHICKEN FILLET STRIPS, CASHEW NUTS & AVO.

BOLINHAS DE BACALHAU // **R95** **NEW**

CODFISH BALLS, CHICKPEAS, CAPERS, OLIVES & PEPPADEWS TOSSED IN A MIXED GREEN SALAD SERVED WITH A PORTUGUESE VINAIGRETTE DRESSING ON THE SIDE.



BOLO DO CACO SUPER PREGO

## SOPAS // SOUP

OUR SOUPS ARE PREPARED DAILY & SERVED WITH BREAD & BUTTER ON THE SIDE.

SOUP OF THE DAY // **R39**

PLEASE CONSULT YOUR WAITER.

## PETISCOS // FINGER SNACKS

TRINCHADO (PICADINHO) FILLET // **R135**

200G CUBED FILLET PAN-FRIED WITH GARLIC, BAY LEAF, BUTTER, FRESH CREAM, WINE & MUSTARD SERVED WITH FRESH HAND CUT FRIES, TOMATO WEDGES & OLIVES.

BITE SIZE TRINCHADO (PICADINHO) FILLET // **R77**

100G CUBED FILLET PAN-FRIED WITH GARLIC, BAY LEAF, BUTTER, FRESH CREAM, WINE & MUSTARD SERVED WITH FRESH HAND CUT FRIES, TOMATO WEDGES & OLIVES.



ESCALOPES DE FRANGO

## MINI PRATOS // MINI PLATES

ALLOW 20 MIN TO PREPARE.

GARNISHED WITH FRESHLY CUT FINGER CHIPS, TOSSED WITH SALT, GARLIC OREGANO MIX, TOPPED WITH HOMEMADE PICKLES & A SIDE SALAD.

### FRANGO // CHICKEN

ESCALOPES DE FRANGO // **R87** **NEW**

CRUMBED SEASONED CHICKEN FILLET, PLACED ON A BED OF SAUTÉED SPINACH & MUSHROOMS, TOPPED WITH SWEET CHILLI SAUCE, FETA, SLICED AVO & FRESH WILD ROCKET, SERVED WITH FRESHLY CUT SEASONED FINGER CHIPS.

BIFINHOS DE FRANGO // **R70**

GRILLED MARINATED CHICKEN FILLET.

### CARNE // MEAT

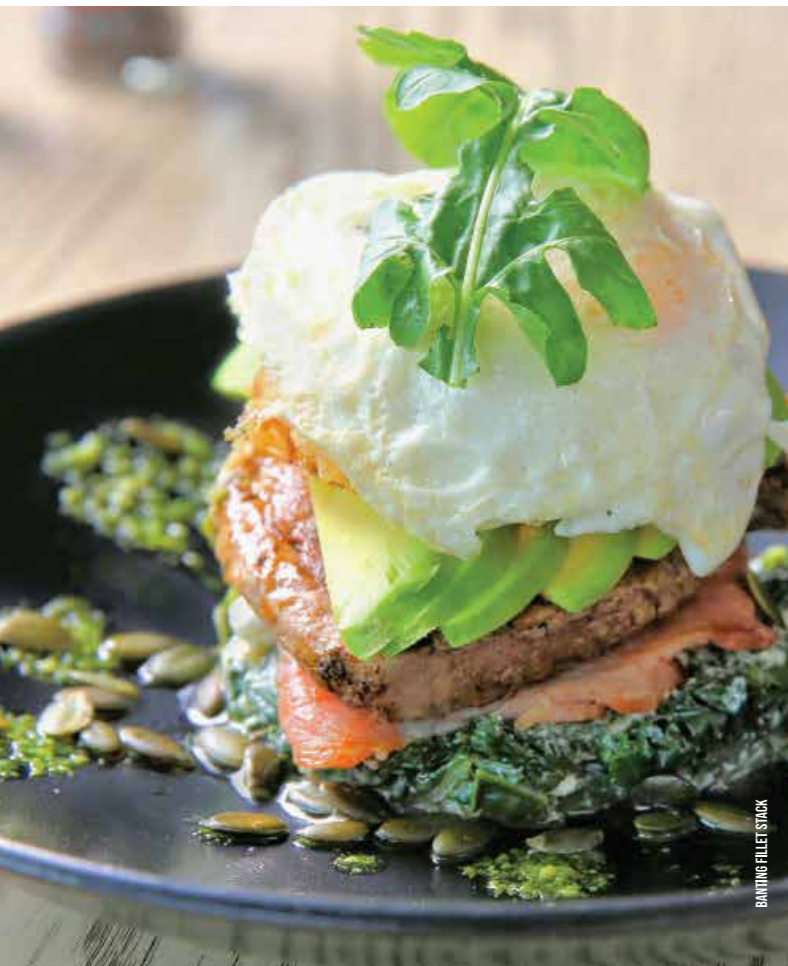
PREGO NO PRATO C/OVO // **R72**

MARINATED BEEF PREGO TOPPED WITH PREGO SAUCE & A FRIED EGG SERVED WITH SEASONED FINGER CHIPS TOPPED WITH PICKLES & SALAD.

FILLET RINCON // **R145**

200G FILLET, SEASONED WITH A COARSE SALT, BAY LEAF AND GARLIC RUB, TOPPED WITH OUR *bombom* CREAMY MUSTARD AND WINE SAUCE & FRIED EGG, SERVED WITH FRESHLY CUT SEASONED FINGER CHIPS, GARNISHED WITH PICKLES.

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BANTING FILLET STACK