

PEQUENO ALMOÇO // BREAKFAST

EGGS MAY BE ORDERED POACHED, FRIED OR SCRAMBLED

EXTRAS: SLICE OF BUTTERED TOAST // R7 BUTTER // R7 JAM // R8

EARLY BIRD COMBOS (7:00-11:00) SIT DOWN ONLY

THE BELOW ARE SERVED WITH A COMPLEMENTARY FLAT WHITE COFFEE.

WAKE UP SHAKE UP // R49

A SLICE OF TOASTED CARÇAÇA BREAD TOPPED WITH 2 RASHERS OF BACON & FRIED EGG.

✔ WAKE UP SHAKE UP VEGETARIAN // R62

A SLICE OF TOASTED CARÇAÇA BREAD TOPPED WITH AVOCADO OR MUSHROOMS & FRIED EGG.

BUDGET // R59

A SLICE OF TOASTED CARÇAÇA BREAD TOPPED WITH 2 RASHERS OF BACON, FRIED EGG & SERVED WITH BAKED BEANS.

🆕 PROVINCIAL // R84

FRIED EGG, BACON, BEEF BREAKFAST SAUSAGE, GRILLED TOMATO & ONION, SERVED WITH TOASTED CARÇAÇA & BAKED BEANS ON THE SIDE.

SERVED ALL DAY

✔ RABANADAS / FRENCH TOAST // R33 ADD BACON // R26

TWO SLICES OF CARÇAÇA BREAD, DIPPED IN MILK & EGGS, GRILLED THEN TOSSED IN CINNAMON, LEMON ZEST & SUGAR.

PÃO DE LEITE BREAKFAST // R76

TOASTED PÃO DE LEITE, FILLED WITH BACON, GRILLED MUSHROOMS, SLICED TOMATO, AVOCADO, FRIED EGG & SERVED WITH BAKED BEANS.

NACIONAL // R94 ADD 100G FILLET // R56

TWO EGGS, BACON, TWO BEEF BREAKFAST SAUSAGES, GRILLED TOMATO, ONION, SERVED WITH BAKED BEANS ON THE SIDE.

SALVADOR // R84 ADD JALAPEÑOS // R9

HOLLOWED OUT PÃO DE LEITE, FILLED WITH SPICY MINCE, TOPPED WITH MELTED CHEDDAR, FRIED OR POACHED EGG & A WARM TOMATO SALSA.

CROISSANT BREAKFAST BOAT // R74

PORTUGUESE CROISSANT FILLED WITH MINI *bombom* SCRAMBLED EGGS, GRATED MOZZARELLA, BACON, GRILLED CHERRY TOMATOES DUSTED WITH OREGANO, SERVED WITH BAKED BEANS ON THE SIDE.

🆕 THE SLEDGE // R89 ADD 100G FILLET // R56

SAUTÉED SPINACH & FETA MIX TOPPED WITH STRIPS OF CRISPY BUTTERED PORTUGUESE TOAST, DRIZZLED WITH BASIL MAYO, TWO BEEF BREAKFAST SAUSAGES , TOPPED WITH FRIED OR POACHED EGGS GARNISHED WITH PUMPKIN SEEDS, COCKTAIL TOMATOES & BASIL PESTO.

🆕 EGGS BENEDICT

ALGARVIO // R69 ADD BACON // R26

TRADITIONAL MADEIRA BOLO DO CACO, TOPPED WITH A SPINACH, MUSHROOM & FETA MIX, PAN FRIED CHERRY TOMATOES, POACHED EGGS, HOLLANDAISE SAUCE, ROAST ALMONDS, PAPRIKA & CHIVES.

AKER // R119

HALF A GRILLED TRADITIONAL MADEIRA BOLO DO CACO, TOPPED WITH AVOCADO, SMOKED SALMON, POACHED EGG, COTTAGE CHEESE, HOLLANDAISE SAUCE & CAPERS. SERVED WITH A FRESH ROCKET SALAD ON THE SIDE.

THE HEALTHIER OPTIONS

✔ AVEIA // OATS R39 HALF PORTION // R26

OATS COOKED WITH MILK OR WATER, SERVED WITH SLICED BANANA, ROASTED ALMONDS, RAISINS & CINNAMON WITH HONEY ON THE SIDE.

✔ CLÁSSICO COM FRUTA // R59

LAYERED MUESLI, YOGURT, HONEY & SEASONAL FRUIT.

✔ SANTO // R62 ADD EGG // R9

A SLICE OF TOASTED PÃO CASEIRO, TOPPED WITH SMASHED AVOCADO, GRILLED COCKTAIL TOMATOES WITH A SPRINKLE OF PORTUGUESE HERBS, PARMESAN SHAVINGS, ROCKET AND DRIZZLED WITH PESTO.

PAPAS DE MILHO AMARELO // R62

FRESHLY COOKED POLENTA TOPPED WITH SPINACH, MUSHROOMS, CHOPPED BACON, PARMESAN SHAVINGS & A POACHED EGG.

BANTING FILLET STACK // R129

100G GRILLED FILLET SEASONED WITH A GARLIC & BAY LEAF RUB, PLACED ON A SPINACH & FETA MIX, TOPPED WITH BACON, CARAMELIZED ONION, AVOCADO & FRIED OR POACHED EGG – GARNISHED WITH PUMPKIN SEEDS & DRIZZLED WITH PESTO.

ESCALOPE DE FRANGO GRELHADO // R86

GRILLED SEASONED CHICKEN FILLET, PLACED ON A BED OF SAUTÉED SPINACH & MUSHROOMS - TOPPED WITH AVOCADO, FETA, SWEET CHILLI SAUCE & ROCKET.

OPEN FACED SALMON SANDWHICH // R119

SLICE OF TOASTED SOUR DOUGH BREAD, TOPPED WITH COTTAGE CHEESE, SMOKED SALMON, AVOCADO, CAPERS, RED ONION TOSSED IN AN OREGANO VINAIGRETTE DRESSING & ROCKET, SERVED WITH A LEMON WEDGE.

NAKED BUNLESS BURGER // R109

200G BURGER PATTY, BASIL MAYONNAISE, TOMATO, LETTUCE, SAUTÉED SPINACH & FETA MIX, AVOCADO & BACON, TOPPED WITH ROCKET & PESTO.

OVOS MEXIDOS E OMELETES // SCRAMBLED EGGS & OMELETTES

SERVED WITH A BUTTER, JAM & A SLICE OF WHITE, BROWN, RYE, HEALTH OR SOURDOUGH TOAST.

CREATE YOUR OWN TRADITIONAL OR EGG WHITE OMELETTE WITH THE FILLINGS BELOW:

PARSLEY / TOMATO / ONION // R7 EXTRA EGG / PEPPERS / JALAPEÑO / OLIVES / CAPERS HONEY // R9 HALF AVO / 3 RASHERS BACK BACON / 50G CONTINENTAL HAM / 36G SALSICHAO/ 50G GRATED CHEESE (MOZZARELLA, GOUDA, CHEDDAR) 80G MUSHROOMS // R26 SPICY MINCE / CHICKEN STRIPS / PREGO STRIPS / 2 BEEF BREAKFAST SAUSAGES // R38 30G SLICED PARMA HAM // R46 40G SMOKED SALMON // R73

✔ MINI *bombom* // R45

TWO-EGG OMELETTE OR SCRAMBLED WITH PARSLEY, GRILLED TOMATO & ONION.

✔ EGG WHITE OMELETTE // R42

FOUR-EGG TRADITIONAL WHITE OMELETTE.

✔ SIMPLES / TRADITIONAL // R49

THREE EGG OMELETTE OR SCRAMBLED EGGS.

SEASONAL FRUITS & VEGETABLES SUBJECT TO AVAILABILITY. SOME FOOD ITEMS HAVE TRACES OF NUTS & SESAME SEEDS. ALL VISUALS ARE SUGGESTED SERVINGS ONLY. ALL EXTRAS & CHANGES WILL BE CHARGED FOR ACCORDINGLY. MOST OF THE ITEMS ON THIS MENU ARE AVAILABLE AS A TAKE-AWAY. NO SPLITTING OF BILLS IS ALLOWED

O ITALIANO // R99

TRADITIONAL OMELETTE, FILLED WITH A FRESH TOMATO SALSA & GRATED CHEDDAR - TOPPED WITH BACON, SLICED AVOCADO & TOMATO, DRIZZLED WITH OLIVE OIL & SPRINKLED WITH OREGANO.

✔ TERRA OMELETTE // R89

TRADITIONAL OMELETTE FILLED WITH SPINACH, FETA, PITTED BLACK OLIVES & SLICED MUSHROOMS, TOPPED WITH PAN-FRIED CHERRY TOMATOES, ROCKET AND DRIZZLED WITH EXTRA VIRGIN OLIVE OIL.

TORRADA PORTUGUESA // PORTUGUESE TOAST

THICK SLICE OF TOASTED CARÇAÇA OR BROWN BREAD WITH BUTTER.

MEIA TORRADA / 1 SLICE // R16

TORRADA À PORTUGUESA / 2 SLICES // R30

TOSTAS // TOASTED SANDWICHES

CHOICE OF WHITE, BROWN, RYE, HEALTH OR SOURDOUGH TOAST, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

CHEESE CHOICES: GOUDA & MOZZARELLA.

ADD ON: TOMATO // R7

CHEESE // R45

CONTINENTAL HAM // R45

CHEESE & CONTINENTAL HAM // R69

SALSICHÃO, CHEESE & EGG // R72

BACON & EGG // R54

BACON & CHEESE // R65

BACON, CHEESE & EGG // R72

CHICKEN MAYO // R65

TUNA MAYO // R69

PASTELARIA // PASTRIES

PLEASE VISIT OUR HOMEMADE PASTRY DELI DISPLAY.

TOSTAS GRELHADAS // GRILLED TOASTED SANDWICHES

FILLED SLICED SOUR DOUGH BREAD, GRILLED ON A SKILLET, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

OLD FASHION CHICKEN PESTO // R85

SLICED GRILLED CHICKEN BREAST, TOPPED WITH MOZZARELLA, PAN-FRIED CHERRY TOMATOES & PESTO MAYONNAISE.

CARNE // R109

THINLY SLICED GRILLED FILLET, MOZZARELLA, FIG AIOLI, CARAMELIZED ONION MARMALADE & WILD ROCKET.

CUBAN ROOSTER // R99

GRILLED CHICKEN BREAST, MOZZARELLA, HICKORY HAM, GHERKINS, & WHOLE GRAIN MUSTARD.

ALMOFADINHAS // TOASTED HOMEMADE FLAT BREAD

ALMOFADINHAS ARE BRUSHED WITH EXTRA VIRGIN PORTUGUESE OLIVE OIL & HERBS, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

CAPOEIRA // R99

MOZZARELLA CHEESE, CHICKEN MAYO & GHERKINS.

RUSTICO // R99

MOZZARELLA CHEESE, AVOCADO & BACON.

ACORIANO // R119

MOZZARELLA CHEESE, GRILLED FILLET STRIPS, CARAMELISED ONIONS, FIG AIOLI & ROCKET.



PORTUGUESE SPECIALITY BREADS, TOPPERS & FILLERS

FILL OUR BUTTERED SPECIALITY BREADS OR CROISSANTS, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

CHEESE CHOICES: GOUDA & MOZZARELLA.

CHOICE OF BUTTERED BREADS & CROISSANTS:

PORTUGUESE ROLL // R6 PÃO DE LEITE // R14 PORTUGUESE CROISSANT // R14

BUTTER CROISSANT // R18 PÃO DE DEUS // R18 MEDIUM BOLO DO CACO // R14

CHOICE OF FILLINGS:

2 EGGS // R22

BACON & EGG // R38

CHEESE // R30

CONTINENTAL HAM // R30

CHEESE & CONTINENTAL HAM // R53

SALSICHÃO, CHEESE & EGG // R63

PRESUNTO / PARMA HAM // R53

PRESUNTO / PARMA HAM & CHEESE // R73

PREGO'S A PREGO IS A STEAK FLATTENED WITH A MEAT Mallet

CHOICE OF OUR MARINATED BEEF OR CHICKEN PREGO, PREPARED ON A PORTUGUESE ROLL, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

CHEESE CHOICES: GOUDA & MOZZARELLA.

TRADITIONAL - BEEF // R62 CHICKEN // R55

OVO - WITH A FRIED EGG BEEF // R71 CHICKEN // R64

ESPECIAL - WITH CHEESE & HAM BEEF // R87 CHICKEN // R80

SUPER - WITH CHEESE, HAM & EGG BEEF // R96 CHICKEN // R89

BOLO DO CACO PREGO'S

CHOICE OF OUR MARINATED BEEF OR CHICKEN PREGO, PREPARED ON A GARLIC BUTTERED MADEIRA BOLO DO CACO, GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

CHEESE CHOICES: GOUDA & MOZZARELLA.

TRADITIONAL - BEEF // R72 CHICKEN // R65

OVO - WITH A FRIED EGG BEEF // R81 CHICKEN // R74

ESPECIAL - WITH CHEESE & HAM BEEF // R97 CHICKEN // R90

SUPER - WITH CHEESE, HAM & EGG BEEF // R106 CHICKEN // R99

🆕 STEAK ROLL

CANICENSE// R149

BITE SIZE CANICENSE (100G) // R89

200G BEEF FILLET, CARAMELIZED ONION, GRAINED MUSTARD & ROCKET IN A MINI BOLO DO CACO, SERVED WITH FRESHLY CUT CHIPS AND TOSSED IN SALT, OREGANO & GARLIC.

HAMBÚRGUERS // BURGERS

GARNISHED WITH AN OPTION OF FRESHLY CUT CHIPS, TOSSED IN A SALT, GARLIC & OREGANO MIX, TOPPED WITH HOMEMADE PICKLES OR SALAD.

✔ VEGETARIAN BURGER // R69

TOASTED SEEDED SWEET DOUGH BUN, CHICKPEA BURGER PATTY, PEPPADEWS, LETTUCE, TOMATO, ONIONS, GHERKINS & SWEET CHILLI MAYO.

PÃO DE LEITE BURGER // R99

TOASTED SEEDED SWEET DOUGH BUN, 200G CHICKEN FILLET OR PURE BEEF BURGER PATTY, CHEDDAR CHEESE, LETTUCE, TOMATO, GHERKINS, BASIL MAYO & GARNISHED WITH BATTERED ONION RINGS .

DUO CHEESE SLIDER // R99

TWO MINI SWEET DOUGH BUNS, TWO BATTERED AND CRISPY FRIED ONION RINGS, TWO PURE BEEF BURGER PATTIES, CHEDDAR AND MOZZARELLA CHEESE, LETTUCE, TOMATO, GHERKIN & BASIL MAYO.

🆕 PEROLA DO ATLANTICO / STUFFED CHEESE BURGER // R119

200G PURE BEEF BURGER PATTY STUFFED WITH CHEDDAR CHEESE, TOPPED WITH LETTUCE, BASIL MAYO, ROCKET, BACON, TOMATO, ONION & GHERKINS SERVED IN A BOLO DO CACO BREAD.

SEASONAL FRUITS & VEGETABLES SUBJECT TO AVAILABILITY. SOME FOOD ITEMS HAVE TRACES OF NUTS & SESAME SEEDS. ALL VISUALS ARE SUGGESTED SERVINGS ONLY. ALL EXTRAS & CHANGES WILL BE CHARGED FOR ACCORDINGLY. MOST OF THE ITEMS ON THIS MENU ARE AVAILABLE AS A TAKE-AWAY. NO SPLITTING OF BILLS IS ALLOWED



NAKED BUNLESS BURGER

DUO CHEESE SLIDER

FRANCESINHAS

TWO SLICES OF WHITE OR BROWN BREAD, FILLED WITH A BEEF OR CHICKEN PREGO, HAM, SLICED SALSICHÃO (PORTUGUESE SAUSAGE SIMILAR TO CHORIZO), TOPPED WITH MOZZARELLA, BAKED IN THE OVEN & FINISHED WITH A SPICY BEER GRAVY. ADDING CHIPS & A FRIED EGG ARE OPTIONAL.

EXTRA EGG // **R9** EXTRA CHIPS 200G // **R20**

FULL FRANCESINHA BEEF // **R149** CHICKEN // **R142**
HALF FRANCESINHA BEEF // **R96** CHICKEN // **R89**

SALGADOS // SAVOURIES

PLEASE VISIT OUR SAVOURY DELI DISPLAY.

SOPA // SOUP

OUR SOUPS ARE PREPARED DAILY, SERVED WITH A SLICE OF CARÇAÇA BREAD ON THE SIDE.

CALDO VERDE // **R47**

KALE CABBAGE, POTATOES, ONION, OLIVE OIL & CHORIZO.

SOUP OF THE DAY // **R39**

PLEASE CONSULT YOUR WAITER.

PETISCOS // LIGHT MEALS

FIGADO DE GALINHA / CHICKEN LIVERS // **R65**

GRILLED CHICKEN LIVERS, SAUTÉED WITH ONIONS & PEPPERS IN A CREAMY TOMATO LIVER SAUCE, SERVED WITH A SLICE OF TOASTED HOME-MADE CARÇAÇA BREAD.

TRINCHADO (PICADINHO) FILLET // **R155** RUMP // **R115**

200G CUBED FILLET OR RUMP PAN-FRIED WITH GARLIC, BAY LEAF, BUTTER, FRESH CREAM, WINE & MUSTARD SERVED WITH FRESH HAND CUT FRIES, TOMATO WEDGES & OLIVES.

BITE SIZE TRINCHADO (PICADINHO) FILLET // **R95**

100G CUBED FILLET PAN-FRIED WITH GARLIC, BAY LEAF, BUTTER, FRESH CREAM, WINE & MUSTARD SERVED WITH FRESH HAND CUT FRIES, TOMATO WEDGES & OLIVES.

NEW CHICKEN TRINCHADO // **R79**

CHICKEN FILLETS STRIPS SAUTÉED WITH ONION, GARLIC, YELLOW AND RED PEPPERS MIXED INTO A CREAMY WINE SAUCE, CHIPS SERVED WITH TOMATO WEDGES AND OLIVES AND A SIDE OF TOASTED PORTUGUESE CARCACA BREAD.

SALADAS // SALADS

NEW SALADA VERDE // **R36**

MIXED LETTUCE, CHERRY TOMATOES, CUCUMBER, ONIONS, CARROTS & PEPPERS.

SALADA DE FRANGO // **R99**

SALADA VERDE, GRILLED MARINATED CHICKEN FILLET STRIPS, CASHEW NUTS & AVO.

SALADA À CHEF // **R109**

SALADA VERDE, MUSHROOMS, FILLET STRIPS, ROCKET, TOASTED SESAME SEEDS, SLICED CHILI & MINT LEAVES WITH A SIDE OF SOYA & GINGER DRESSING.

BOLINHAS DE BACALHAU // **R119**

SALADA VERDE, CODFISH BALLS, CHICKPEAS, CAPERS, OLIVES & PEPPADEWS SERVED WITH A SIDE OF LEMON DRESSING.

NEW VEGGIE BITES SALAD // **R119**

MIXED BEETROOT & CHICKPEA FALAFEL BITES TOSSED IN A SALADA VERDE WITH STEAMED QUINOA, KIDNEY BEANS, BLACK OLIVES, TOPPED WITH SLICED AVOCADO & SERVED WITH A SIDE OF LEMON DRESSING.

MINI PRATOS // MINI PLATES (ALLOW 20 MIN TO PREPARE)

GARNISHED WITH FRESHLY CUT FINGER CHIPS, TOSSED WITH SALT, GARLIC OREGANO MIX, TOPPED WITH HOMEMADE PICKLES & A SIDE SALAD.

PEIXE // FISH

BACALHAU COM NATAS / CODFISH WITH FRESH CREAM // **R98**

OVEN-BAKED FLAKED SALTED CODFISH BAKED IN A LASAGNE DISH WITH FRESH CREAM, POTATOES & ONION SERVED WITH A SMALL SIDE SALAD.

FILETE DE PESCADA FRITA OU GRELHADA / GRILLED OR FRIED HAKE FILLET // **R95**

GRILLED OR BATTERED HAKE FILLET SERVED WITH A LEMON BUTTER SAUCE SEPARATELY.

DEDINHOS DE PESCADA / BATTERED FRESHLY FRIED HAKE FINGERS // **R89**

BATTERED HAKE FINGER FILLETS, SERVED WITH A SRIRACHA MAYO & LEMON WEDGE.

FRANGO // CHICKEN

ESCALOPES DE FRANGO // **R99**

CRUMBED SEASONED CHICKEN FILLET, PLACED ON A BED OF SAUTÉED SPINACH & MUSHROOMS, TOPPED WITH SWEET CHILLI SAUCE, FETA, SLICED AVOCADO & FRESH WILD ROCKET, SERVED WITH FRESHLY CUT SEASONED FINGER CHIPS.

BIFINHOS DE FRANGO // **R70**

GRILLED MARINATED CHICKEN FILLET, SERVED WITH A SIDE SALAD AND FRESHLY CUT SEASONED FINGER CHIPS.

CARNE // MEAT

PREGO NO PRATO C/OVO // **R72**

BEEF OR CHICKEN PREGO STEAK, TOPPED WITH A FRIED EGG.

BIFE NO PRATO C/OVO 200G FILLET // **R139** 200G RUMP // **R105**

FILLET OR RUMP STEAK FILLET SEASONED WITH A COARSE SALT, BAY LEAF & GARLIC RUB - TOPPED WITH A FRIED EGG.

BITOQUE À *bembom* 200G FILLET // **R169** 200G RUMP // **R135**

FILLET OR RUMP STEAK, TOPPED WITH A FRIED EGG, SERVED IN A GARLIC, MUSTARD, WINE & FRESH CREAM SAUCE - SERVED WITH FINGER CHIPS & A PORTUGUESE ROLL ON THE SIDE.

MASSA // PASTA

CHORIZO & VEGGIE PENNE // **R86**

PENNE PASTA, TOSSED IN A SLIGHTLY CREAMY SAUCE WITH CHORIZO, BABY MARROWS, PITTED OLIVES, ONIONS, GARLIC, MUSHROOMS, TOPPED WITH FETA & A PINCH OF OREGANO, GARNISHED WITH FRESH BASIL.

CAFÉ E OUTROS // HOT BEVERAGES

OUR COFFEE: *lavazza* SUPER CREMA

(FULL BODIED COFFEE BLEND WITH PLEASANTLY BALANCED AROMAS OF BROWN SUGAR & ROASTED HAZELNUT. THIS IS A 60% ROBUSTA & 40% ARABICA BLEND).

EXTRAS: DECAF // **R3** WHIPPED CREAM // **R8**

OAT MILK // **R10** ALMOND MILK // **R10**

bembom COFFEE (COFFEE WITH CONDENSED MILK)

SMALL // **R31** LARGE // **R39** LATTE / WITH MILK // **R45**

BICA / ESPRESSO // **R24** BICA DUPLA / DOUBLE ESPRESSO // **R32**

ITALIANA / SHORT ESPRESSO // **R24**

GAROTO OR CURTADO / SHORT ESPRESSO WITH POURED STEAMED MILK // **R24**

MACCHIATO / SHORT ESPRESSO WITH FROTHED MILK // **R26**

CAFÉ MOCHA / HOT CHOCOLATE & A SHOT OF ESPRESSO WITH TEXTURIZED MILK // **R42**

CARIOCA DE LIMÃO COM MEL / GLASS WITH BOILING WATER

THIN LEMON PEELS & HONEY // **R15**

MEIA DE LEITE / FLAT WHITE CAPPUCCINO

(SINGLE ESPRESSO WITH STEAMED MILK & A THIN LAYER OF FOAM) // **R32**

CAPPUCCINO / CAPPUCCINO

(SINGLE SHOT ESPRESSO WITH STEAMED MILK & A THICK LAYER OF FOAM) 165ML // **R33**

CAPPUCCINO GRANDE / SERIOUS CAPPUCCINO

(DOUBLE SHOT ESPRESSO WITH STEAMED MILK & A THICK LAYER OF FOAM) 200ML // **R39**

RED CAPPUCCINO (ROOIBOS CAPPUCCINO) // **R42**

RED LATTE (ROOIBOS LATTE) // **R47**

GALÃO / LATTE (SINGLE SHOT ESPRESSO WITH POURED STEAMED MILK) // **R39**

GALAO FORTE / (DOUBLE SHOT ESPRESSO WITH POURED STEAMED MILK) // **R47**

AMERICANO / (SINGLE SHOT ESPRESSO FILLED WITH HOT WATER) // **R28**

AMERICANO FORTE / (DOUBLE SHOT ESPRESSO FILLED WITH HOT WATER) // **R36**



live the moment • vive o momento

bembom
coffee • deli • bakery

VISIT OUR ON-SITE BAKERIES AT OUR STORES BELOW.

Bedfordview | Boksborg | Comaro | Linden | Meadowdale | Nelspruit
Noordheuwel | Northcliff | Rynfield | Wonderboom

Bedfordview Boksborg Bruma Comaro
011 455 0329 011 918 7576 010 615 0837 010 745 2474

Linden Meadowdale Nelspruit Noordheuwel
010 745 3977 011 453 2012 010 745 7187 011 568 0650

Northcliff Rynfield Wonderboom
011 431 1025 010 021 0848 010 555 0285

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IMPORTANT FACT: ALL OUR BREADS & PASTRIES ARE MADE AT OUR *bembom* CENTRAL BAKERY. ALL PRODUCTS ARE MADE FROM ORIGINAL RECIPES.

PÃO CARÇAÇA / SOFT TEXTURED LOAFED BREAD
PÃO DE CENTEIO / RYE BREAD
PÃO DE SEMENTES / SEEDED BREAD
PAPO SECO / PORTUGUESE ROLL
PÃO DE LEITE / SWEET DOUGH BREAD

PÃO DE DEUS / SWEET DOUGH BREAD TOPPED WITH A COCONUT EGG MIXTURE
ALMOFADINHAS / TRAMEZZINI
BOLO DO CACO / FLAT BREAD ORIGINALLY FROM THE MADEIRA ISLANDS
PÃO CASEIRO / HOMEMADE SOURDOUGH BREAD

CHÁ // TEA

ROOIBOS | FIVE ROSES | GREEN TEA | CAMOMILE // **R23**

HOTTIES

HOT CHOCOLATE // **R45** | MILO // **R47** | BAR ONE // **R47** | CHAI LATTE // **R49**

MILKY BAR // **R47** | HORLICKS // **R49** | **NEW** CHOCOLATE HORLICKS // **R49**

FREEZOS

EXTRA: WHIPPED CREAM & GARNISH // **R8**

COFFEE | BAR ONE | MILKY BAR // **R58**

DBL COFFEE (SHOT OF ESPRESSO) // **R66**

FRUIT CRUSHERS

ADD PLAIN YOGHURT TO MAKE IT A SMOOTHIE // **R14**

PASSION FRUIT | MANGO | RASPBERRY // **R50**

BATIDOS // MILK SHAKES

VANILLA | CHOCOLATE | STRAWBERRY | LIME

HORLICKS | **NEW** CHOCOLATE HORLICKS // **R42**

BATIDOS GOURMET // GOURMET SHAKES

COFFEE OREO SHAKE // **R64**

VANILLA ICE CREAM, COFFEE, MILK, OREO BISCUITS & CHOCOLATE SAUCE, GARNISHED WITH WHIPPED CREAM, A SPRINKLE OF OREO BISCUIT, GOURMET CHOCOLATE SAUCE.

MANGO ALMOND SHAKE // **R78**

VANILLA ICE CREAM, MANGO TEASER, MILK, FRESH STRAWBERRIES & SLICED ALMOND, GARNISHED WITH WHIPPED CREAM, A FANNED STRAWBERRY, DRIED MANGO & SPRINKLED ALMOND SLICES.

SUMOS // SODAS & JUICES

100% SIR JUICE FRUIT JUICES (ORANGE, MANGO & FRUIT COCKTAIL) 350ML // **R38**

FRESHLY SQUEEZED ORANGE JUICE 350ML // **R38**

MIXER CANS 200ML // **R26**

SODA DRINKS CAN // **R29**

APPLETISER // **R38**

SUGAR FREE SODA DRINKS CAN // **R28**

ICED TEA LIPTON 340ML // **R36**

ROCK SHANDY // **R42**

CORDIALS - LIME | PASSION FRUIT | KOLA TONIC // **R9**

IMPORTED SOFT DRINKS (SUBJECT TO AVAILABILITY)

SUMOL CAN 330ML // **R42** | COMPAL 200ML // **R38** | GUARANA // **R44**

UCAL DE CHOCOLATE // **R49** | BRISA MARACUJA 360ML // **R56**

AGUAS // WATER

bembom STILL / SPARKLING 500ML // **R20**

IMPORTED PORTUGUESE WATERS

AGUA DO LUSO 500ML // **R28** | AGUA DAS PEDRAS SPARKLING 250ML // **R26**

SABORES
LUSITANOS

SUMOL

SEASONAL FRUITS & VEGETABLES SUBJECT TO AVAILABILITY. SOME FOOD ITEMS HAVE TRACES OF NUTS & SESAME SEEDS. ALL VISUALS ARE SUGGESTED SERVINGS ONLY. ALL EXTRAS & CHANGES WILL BE CHARGED FOR ACCORDINGLY. MOST OF THE ITEMS ON THIS MENU ARE AVAILABLE AS A TAKE-AWAY. NO SPLITTING OF BILLS IS ALLOWED