



Bembom

PORTUGUESE CAFE

Live the moment. Vive o momento

IMPORTANT FACTS:

All our breads and pastries are made from original recipes & baked fresh daily.

ALMOFADINHAS / Similar to tramezzini

BOLO DO CACO / Flat bread from the Madeira Islands

BOLO DE SERTÃ / Flat bread originally from the Azores Islands (used for wraps)

CARÇAÇA / Traditional soft-textured bread loaf

FRESHLY CUT SEASONED CHIPS / Tossed in salt, garlic, oregano & homemade pickle mix.

PÃO CASEIRO / Homemade sourdough bread

PÃO DE CENTEIO / Rye bread

PÃO DE DEUS / Sweet dough bread with a coconut egg topping

PÃO DE LEITE / Sweet dough bread

PAPO SECO / Bombom roll

PEQUENO ALMOÇO / BREAKFAST

SERVED ALL DAY

WAKE UP SHAKE UP / R44

Egg, bacon & carcaça.

WAKE UP SHAKE UP VEGETARIAN / R56

Egg, avocado or mushrooms & carcaça.

BUDGET / R52

Egg, bacon, baked beans & carcaça.

PROVINCIAL / R92

Egg, bacon, beef or pork sausage, baked beans, grilled tomato, onion & toast.

RABANADAS / R38

Two slices of carcaça, dipped in milk & eggs, cinnamon, sugar & lemon zest.

PÃO DE LEITE BREAKFAST / R82

Egg, bacon, baked beans, avocado, mushrooms, tomato & pão de leite.

NACIONAL / R115

Two eggs, bacon, beef or pork sausages, baked beans, grilled tomato, onion & toast.

CONTINENTAL BREAKFAST / R149

Two eggs, continental ham, salsichão, Portuguese breakfast sausages & cottage cheese on a toasted carcaça roll.

SALVADOR / R92

Egg, spicy mince, cheddar, tomato salsa & pão de leite.

CROISSANT BREAKFAST BOAT / R89

Two scrambled eggs, tomato, onion & parsley, bacon, baked beans, mozzarella, cherry tomatoes & butter croissant.

SUNNY SIDE UP / R99

Mini bolo do caco halves, two fried eggs, spicy mince, tomato salsa & cheddar.

EXTRAS:

Buttered toast / R7

Butter / R7

Egg / R9

Jam / R8

ADD BACON / R32

ADD 100G FILLET / R68

ADD JALAPEÑOS / R9

HALF PORTION / R59

CONTINENTAL BREAKFAST



THE HEALTHIER OPTIONS

AVEIA / R48 🌱

HALF PORTION / R34

Oats, banana, roasted almonds, raisins, cinnamon & honey.

CLÁSSICO COM FRUTA / R69 🌱

Layered muesli, yoghurt, seasonal fruit & honey.

CABRERA TREAT / R168 ❤️ 🌱

Two poached eggs, spinach & mushroom mix, roasted peppers, aubergines, halloumi cheese & basil pesto.

ANJO / R69 🌱

ADD EGG / R9

Egg, avocado, cherry tomatoes, cottage cheese, peppadew mix & carcaça.

SANTO / R69 🌱

ADD EGG / R9

Avocado, cherry tomatoes, parmesan shavings, rocket, pesto & carcaça.

FARMERS BREAKFAST BOWL / R129 ❤️ 🌱

Two scrambled eggs, spinach, cherry tomatoes, avocado, feta, kalamata olives, mixed peppers & homemade couscous.

PAPAS DE MILHO AMARELO / R79

HALF PORTION / R49

Poached egg, bacon, polenta, spinach & mushroom mix, cherry tomatoes & parmesan shavings.

OPEN FACED SALMON SANDWICH / R119

Smoked salmon, avocado, cottage cheese, red onion, capers, rocket & pão caseiro.

NAKED BUNLESS BURGER / R149

200g beef patty, bacon, avocado, spinach & feta mix, tomato, lettuce, rocket & basil mayo & pesto.

BANTING FILLET STACK / R169

Egg, bacon, 100g fillet, avocado, spinach & feta mix, caramelised onions, pumpkin seeds & pesto.

SMOKED SALMON BREAKFAST / R139

Scrambled eggs, smoked salmon, avocado, cherry tomatoes, cottage cheese & chives.

PORTUGUESE TOAST

Thick slice of toasted, buttered white or brown bread.

MEIA TORRADA / 1 SLICE / R26

TORRADA À PORTUGUESA / R45



PASTELARIA / PASTRIES

Please visit our pastry deli display.

EGGS BENEDICT

ALGARVIO / R99

ADD BACON / R32

Two poached eggs, spinach, mushroom & feta mix, cherry tomatoes, hollandaise, roasted almonds, paprika, chives & bolo do caco.

AKER / R139

Poached egg, smoked salmon, avocado, cottage cheese, red onion, hollandaise, capers, rocket & half bolo do caco.

OMELETTES & SCRAMBLED EGGS

Served with a choice of pão caseiro, white, rye or brown bread.

CREATE YOUR OWN OMELETTE WITH THE FILLINGS BELOW:

Parsley / tomato / onion / R7

Egg / peppers / jalapeños / olives / capers / R9

Beef or pork sausage / R19

Avocado / continental ham / cheese / R28

Bacon / chicken strips / chouriço / mushrooms / R32

Spicy mince / prego strips / R42

Parma ham / R59

Smoked salmon / R74

For omelette
use only

MINI BEMBOM / R54 

Two egg omelette or scrambled eggs, tomato, onion & parsley.

TRADITIONAL / R52 

Three egg omelette or scrambled eggs.

EGG WHITE OMELETTE / R49 

Four egg white omelette.

O ITALIANO / R109

Traditional omelette, bacon, avocado, cheddar, tomato, salsa & rocket.

TERRA OMELETTE / R115 

Traditional omelette, spinach & feta mix, mushrooms, cherry tomatoes, pitted black olives & pesto.

BELLA ORA OMELETTE / R119   Veg option available.

Sautéed mix of black beans, corn, tomato, onion, chilli & savoury mince. Topped with salsa, cottage cheese, avocado & parsley.

PORTUGUESE SPECIALITY BREADS, TOASTED SANDWICHES & FILLERS

Fill our speciality breads or croissants with the below. Served with freshly cut seasoned chips or a side salad.

CHEESE CHOICE: Gouda, cheddar or mozzarella.

CHOICE OF BREADS & CROISSANTS:

Bembom roll / R6

Pão de Avó, white, rye or brown / R12

Medium bolo do caco / R16

Pão de leite / R14

Butter croissant / R16

Pão de Deus / R19

CHOICE OF FILLINGS

Two eggs / R39

Bacon & egg / R60

Bacon & cheese / R66

Bacon, egg & cheese / R80

Cheese / R42

Continental ham / R48

Cheese & continental ham / R58

Chicken mayo / R56

Tuna mayo / R68

Parma ham / R89

Parma ham & cheese / R89

Chouriço, cheese & egg / R82

GRILLED TOASTED SANDWICHES

Filled sliced pão caseiro, grilled on a skillet & served with freshly cut seasoned chips or a side salad.

OLD FASHION CHICKEN PESTO / R98

Grilled chicken breast, mozzarella, cherry tomatoes & pesto mayo.

CARNE / R149

Grilled fillet steak, mozzarella, fig aioli, caramelised onions & rocket.

CREATIVE GRILLED CHEESE / R79

Mozzarella, feta, spinach, greek yoghurt, sun-dried tomato & kalamata olives.

ALMOFADINHAS / TOASTED FLAT BREAD

Served with freshly cut seasoned chips or a side salad.

CAPOEIRA / R105

Chicken mayo, mozzarella & gherkins.

HALF PORTION / R62

RÚSTICO / R115

Bacon, mozzarella & avocado.

HALF PORTION / R69

AÇORIANO / R165

Beef fillet, mozzarella, caramelised onions, fig aioli & rocket.

HALF PORTION / R99

BOLO DE SERTÃ / WHOLE WHEAT WRAPS

Served with freshly cut seasoned chips or a side salad.

WRAPPED SUNRISE / R110

Scrambled eggs, bacon, avocado, mozzarella, peppadew & bruschetta mix.

PORTUGUESE CHICKEN / R90

Portuguese chicken strips, mozzarella, basil mayo, rocket & bruschetta mix.

SANTIAGO BEEF FILLET / R139

Beef fillet, avocado, mozzarella, basil mayo, rocket & bruschetta mix.

MEDITERRANEAN WRAP / R129

Halloumi, roasted peppers, aubergines, mozzarella, kalamata olives, avocado, hummus & rocket.



MEDITERRANEAN WRAP

FRANCESINHA

Beef or chicken, ham, chouriço, mozzarella & 2 slices of bread baked in the oven & served with spicy beer gravy.

BEEF / R198

CHICKEN / R174

EXTRAS: Chips / R20 Egg / R9

HALF PORTION / R119

HALF PORTION / R108

PREGOS

Choice of our marinated beef or chicken prego, prepared in a bombom roll or bolo do caco. Served with freshly cut seasoned chips or a side salad.

CHEESE CHOICE: Gouda, cheddar or mozzarella.

BEMBOM ROLL

Beef

TRADITIONAL / R96

TRADITIONAL WITH EGG / R105

ESPECIAL CHEESE & HAM / R130

SUPER CHEESE, HAM & EGG / R139

Chicken

TRADITIONAL / R76

TRADITIONAL WITH EGG / R85

ESPECIAL CHEESE & HAM / R110

SUPER CHEESE, HAM & EGG / R119

BOLO DO CACO

Beef

TRADITIONAL / R106

TRADITIONAL WITH EGG / R115

ESPECIAL CHEESE & HAM / R140

SUPER CHEESE, HAM & EGG / R149

Chicken

TRADITIONAL / R86

TRADITIONAL WITH EGG / R95

ESPECIAL CHEESE & HAM / R120

SUPER CHEESE, HAM & EGG / R129

BIFANA DE PORCO / R79

Marinated pork loin in a bombom roll.

STEAK ROLL

Served with freshly cut seasoned chips or a side salad.

CANICENSE / R239

HALF PORTION / R145

200g beef fillet, bolo do caco, caramelised onions, grained mustard & rocket.

FILLET SLIDER / R99 

Carcaça roll, beef fillet, peppers, mozzarella, mushrooms, onion, garlic mayo & rocket.

HAMBÚRGUERS / HAMBURGERS

Served with freshly cut seasoned chips or a side salad.

PÃO DE LEITE BURGER / R138

CHICKEN / R109

Chicken fillet or pure beef burger patty, seeded pão de leite, tomato, lettuce, cheddar, battered onion rings, gherkins & basil mayo.

CHEESE SLIDER / R78

Mini beef burger patty, mini seeded pão de leite, tomato, lettuce, cheddar, battered onion ring, gherkins & basil mayo.

MESSY DOUBLE CHEESEBURGER / R125

Double beef patty, seeded pão de leite, cheese, grated onions, gherkins & mustard mayo.

CASTELO BURGER / R119 

200g beef (85%) & chouriço (15%) patty, seeded pão de leite, tomato, lettuce, gouda, Sriracha mayo & mixed pickles.

Seasonal fruits & vegetables are subject to availability. Some food items have traces of nuts & sesame seeds. All visuals are suggested servings only. All extras & changes will be charged for accordingly. No splitting of bills is allowed.

PETISCOS / LIGHT MEALS

Served with toasted, buttered carcaça bread.

FIGADO DE GALINHA / R78

Chicken livers, peppers, onions & a creamy tomato sauce.

MOELAS DE GALINHA / R88

Chicken giblets, peppers, onion & tomato wine sauce.

TRINCHADO

FILLET / R249

RUMP / R179

200g fillet or rump, creamy wine sauce with garlic, bay leaf & mustard, tomato, olives & seasoned chips.

HALF PORTION TRINCHADO / R149

100g fillet, creamy wine sauce with garlic, bay leaf & mustard, tomato, olives & seasoned chips.

CHICKEN TRINCHADO / R115

Chicken fillets, creamy wine sauce with garlic, onion, peppers & mustard, tomato, olives & seasoned chips.

MINI PRATOS / MINI PLATES (Allow 20 min to prepare)

Served with freshly cut seasoned chips or a side salad (excl Bacalhau com natas).

PEIXE / FISH

BACALHAU COM NATAS / R159

Oven-baked flaked codfish, cream, potatoes & onion.

FILETE DE PESCADA FRITA OU GRELHADA / R135

Grilled or battered hake fillet & lemon butter sauce.

FRANGO / CHICKEN

ESCALOPES DE FRANGO / R125

Crumbed chicken fillet, avocado, spinach & mushroom mix, feta rocket & sweet chilli sauce.

BIFINHOS DE FRANGO / R84

Grilled marinated chicken fillet.

CARNE / MEAT

PREGO NO PRATO COM OVO

BEEF / R99

CHICKEN / R79

Prego steak & a fried egg.

BIFE À CAFÉ

200G FILLET / R249

200G RUMP / R179

Fillet or rump steak, fried egg, café sauce (garlic, mustard, wine & fresh cream), & seasoned chips.

BIFE NO PRATO COM OVO

200G FILLET / R219

200G RUMP / R149

Fillet or rump steak, coarse salt, bay leaf & garlic rub & a fried egg.

BIFANA DE PORCO NO PRATO COM OVO / R109

Marinated pork loin & a fried egg.



SOPA / SOUP

Our soups are prepared daily & served with a slice of toasted, buttered carcaça bread.

SOUP OF THE DAY / R45

Please consult your waitron.

CALDO VERDE / R55

Chouriço, kale cabbage, potatoes & onion.

SALADAS / SALADS

VERDE / R39

Mixed lettuce, cherry tomatoes, cucumber, onions, carrots & peppers.

FRANGO / R105

Verde salad, marinated chicken strips, avocado & cashews.

TUNA AND CHICKPEA / R134

Verde salad, tuna, chickpeas, poached egg, avocado, olives, feta, toasted sesame seeds & lemon dressing.

CANTINHO DA CRIANÇA / KIDDIES CORNER (12 years & under)

BABYCCINO / R18

KIDDIES MILKSHAKE / R20

CHICKEN STRIPS / R62

Battered chicken strips, chips & bembom mayo dip.

KIDDIES BURGER

BEEF / R69

CHICKEN / R55

100g beef patty or chicken fillet, mini seeded pão de leite, lettuce, tomato, chips & bembom mayo dip.

ICE CREAM / R18

Two balls of vanilla ice cream & chocolate sauce.

SALGADOS / SAVOURIES

Please visit our savoury deli display.



HOT BEVERAGES

BEMBOM CONDENSED MILK COFFEE

Small / R34 Large / R43 Latte / R56

BICA / R28

Espresso

Double / R32

ITALIANA

Short espresso / R28

GAROTO

Short espresso & steamed milk / R30

CORTADO

Double espresso & steamed milk / R39

PINGO / Macchiato

Short espresso & frothed milk / R30

CAFÉ MOCHA

Hot chocolate, espresso & textured milk / R49

MEIA DE LEITE / Flat white

Single espresso, steamed milk & a thin layer of foam / R36

CAPPUCCINO

Single espresso, steamed milk & a thick layer of foam / R37 Double / R42

GALÃO / Latte

Single espresso & steamed milk / R42

Double / R48

AMERICANO

Single espresso & hot water / R28

CARIOCA DE LIMÃO COM MEL

Boiling water, lemon peels & honey / R16

CHÁ / TEA

ROOIBOS | FIVE ROSES / R28

GREEN TEA | CHAMOMILE | EARL GREY / R35

RED CAPPUCCINO / R38

RED LATTE / R44

EXTRAS:

Decaf / R5

Milk / R6

Whipped cream / R10

Milk alternative / R10



HOTTIES

EXTRA: Whipped cream & garnish / R10

MILO / R38

HOT CHOCOLATE / R48

BAR ONE | CHAI LATTE / R54

ICED COFFEE

AMERICANO / R28

COFFEE / R48

COCONUT MATCHA / R49

BEMBOM LATTE / R56

FRAPPE

CHOCOLATE / R42

CAFE MOCHA / R54

FREEZOS

EXTRA: Whipped cream & garnish / R10

COFFEE | BAR ONE | COCONUT MATCHA / R64

DOUBLE COFFEE - Shot of espresso / R72

FRUIT CRUSHERS

PASSION FRUIT | MANGO | CHERRY | WHITE PEACH / R52

FRUIT SMOOTHIES

GO GREEN / R68

Pineapple, kiwi, spinach, apple juice & mint.

TROPICAL TANGO / R68

Pineapple, mango, passion fruit & orange juice.

BERRY BLISS / R68 

Mixed berries, yoghurt, almonds & honey.

PROTEIN PEANUT BUTTER PUNCH / R78 

Peanut butter, vanilla protein, almonds, chia seeds, cinnamon, banana, honey & yoghurt.

BATIDOS / MILK SHAKES

VANILLA | CHOCOLATE | STRAWBERRY | LIME / R45

COFFEE / R56



SUMOS / SODAS & JUICES

100% SIR FRUIT JUICE / R42

FRESHLY SQUEEZED ORANGE JUICE / R49

MIXER CANS 200ML / R30

SODA DRINK CAN / R35

TIZERS / R49

LIPTON ICED TEA / R40

CORDIALS / R10

IMPORTED SOFT DRINKS (Subject to availability)

SUMOL CAN 330ML / R37

COMPAL 200ML / R40

UCAL DE CHOCOLATE / R56

AGUAS / WATER

BEMBOM STILL | SPARKLING 500ML / R24

IMPORTED PORTUGUESE WATERS

AGUA DO LUSO 500ML / R30

AGUA DAS PEDRAS SPARKLING 250ML / R44

PLATTERS

Ask your friendly waiter for the platter menu.

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FRESHLY SQUEEZED ORANGE JUICE





VISIT OUR ON-SITE BAKERIES AT OUR STORES BELOW.

Atterbury
087 265 9414

Bedfordview
011 455 0329

Boksburg
011 918 7576

Bruma
071 367 5206

Comaro
010 745 2474

Dowerglen
087 265 2039

Ferndale
010 035 2966

Karaglen
010 634 4858

Linden
010 745 3977

Maranatha
011 391 2782

Meadowdale
011 453 2012

Noordheuwel
011 568 0650

Northcliff
011 431 1025

Rynfield
010 021 0848

Witbank
060 929 1559

Wonderboom
010 555 0285