



Bembom

PORTUGUESE CAFE

Live the moment. Vive o momento

IMPORTANT FACTS:

All our breads and pastries are made from original recipes & baked fresh daily.

ALMOFADINHAS / Similar to tramezzini

BOLO DO CACO / Flat bread from the Madeira Islands

BOLO DE SERTÃ / Flat bread originally from the Azores Islands (used for wraps)

CARCAÇA / Traditional soft-textured bread loaf

FRESHLY CUT SEASONED CHIPS / Tossed in salt, garlic, oregano & homemade pickle mix.

PÃO CASEIRO / Homemade sourdough bread

PÃO DE CENTEIO / Rye bread

PÃO DE DEUS / Sweet dough bread with a coconut egg topping

PÃO DE LEITE / Sweet dough bread

PAPO SECO / Bombom roll

PEQUENO ALMOÇO / BREAKFAST

SERVED ALL DAY

WAKE UP SHAKE UP / R44

Egg, bacon & carcaça.

WAKE UP SHAKE UP VEGETARIAN / R56

Egg, avocado or mushrooms & carcaça.

BUDGET / R52

Egg, bacon, baked beans & carcaça.

PROVINCIAL / R92

Egg, bacon, beef or pork sausage, baked beans, grilled tomato, onion & toast.

RABANADAS / R38

Two slices of carcaça, dipped in milk & eggs, cinnamon, sugar & lemon zest.

ADD BACON / R32

PÃO DE LEITE BREAKFAST / R82

Egg, bacon, baked beans, avocado, mushrooms, tomato & pão de leite.

SUNNY SIDE UP / R99

Mini bolo do caco halves, two fried eggs, spicy mince, tomato salsa & cheddar.

HALF PORTION / R59

EXTRAS:

Buttered toast / R7

Butter / R7

Egg / R9

Jam / R8

PÃO DE LEITE BREAKFAST



THE HEALTHIER OPTIONS

CABRERA TREAT / R168

Two poached eggs, spinach & mushroom mix, roasted peppers, aubergines, halloumi cheese & basil pesto.

ANJO / R69

ADD EGG / R9

Egg, avocado, cherry tomatoes, cottage cheese, peppadew mix & carcaça.

PORTUGUESE TOAST

Thick slice of toasted, buttered white or brown bread.

MEIA TORRADA / 1 SLICE / R26

TORRADA À PORTUGUESA / R45

OMELETTES & SCRAMBLED EGGS

Served with a choice of pão caseiro, white, rye or brown bread.

CREATE YOUR OWN OMELETTE WITH THE FILLINGS BELOW:

Parsley / tomato / onion / R7

Egg / peppers / jalapeños / olives / R9

Beef or pork sausage / R19

Avocado / continental ham / cheese / R28

Bacon / chicken strips / mushrooms / R32

Spicy mince / prego strips / R42

Parma ham / R59

For omelette
use only

MINI BEMBOM / R54

Two egg omelette or scrambled eggs, tomato, onion & parsley.

TRADITIONAL / R52

Three egg omelette or scrambled eggs.

PASTELARIA / PASTRIES

Please visit our pastry deli display.

PORTUGUESE SPECIALITY BREADS, TOASTED SANDWICHES & FILLERS

Fill our speciality breads or croissants with the below. Served with freshly cut seasoned chips or a side salad.

CHEESE CHOICE: Gouda, cheddar or mozzarella.

CHOICE OF BREADS & CROISSANTS:

Bembom roll / R6

Pão de Avó, white, rye or brown / R12

Medium bolo do caco / R16

Pão de leite / R14

Butter croissant / R16

Pão de Deus / R19

CHOICE OF FILLINGS

Two eggs / R39

Bacon & egg / R60

Bacon & cheese / R66

Bacon, egg & cheese / R80

Cheese / R42

Continental ham / R48

Cheese & continental ham / R58

Chicken mayo / R56

Tuna mayo / R68

Parma ham / R89

Parma ham & cheese / R89

Chourição, cheese & egg / R82

ALMOFADINHAS / TOASTED FLAT BREAD

Served with freshly cut seasoned chips or a side salad.

CAPOEIRA / R105

Chicken mayo, mozzarella & gherkins.

HALF PORTION / R62

RÚSTICO / R115

Bacon, mozzarella & avocado.

HALF PORTION / R69

BOLO DE SERTÃ / WHOLE WHEAT WRAPS

Served with freshly cut seasoned chips or a side salad.

WRAPPED SUNRISE / R110

Scrambled eggs, bacon, avocado, mozzarella, peppadew & bruschetta mix.

PORTUGUESE CHICKEN / R90

Portuguese chicken strips, mozzarella, basil mayo, rocket & bruschetta mix.

SANTIAGO BEEF FILLET / R139

Beef fillet, avocado, mozzarella, basil mayo, rocket & bruschetta mix.

MEDITERRANEAN WRAP / R129



Halloumi, roasted peppers, aubergines, mozzarella, kalamata olives, avocado, hummus & rocket.

PREGOS

Choice of our marinated beef or chicken prego, prepared in a bembom roll or bolo do caco. Served with freshly cut seasoned chips or a side salad.

CHEESE CHOICE: Gouda, cheddar or mozzarella.

BEMBOM ROLL

Beef

TRADITIONAL / R96

TRADITIONAL WITH EGG / R105

ESPECIAL CHEESE & HAM / R130

SUPER CHEESE, HAM & EGG / R139

Chicken

TRADITIONAL / R76

TRADITIONAL WITH EGG / R85

ESPECIAL CHEESE & HAM / R110

SUPER CHEESE, HAM & EGG / R119

BOLO DO CACO

Beef

TRADITIONAL / R106

TRADITIONAL WITH EGG / R115

ESPECIAL CHEESE & HAM / R140

SUPER CHEESE, HAM & EGG / R149

Chicken

TRADITIONAL / R86

TRADITIONAL WITH EGG / R95

ESPECIAL CHEESE & HAM / R120

SUPER CHEESE, HAM & EGG / R129

BIFANA DE PORCO / R79

Marinated pork loin in a bembom roll.



MEDITERRANEAN WRAP

STEAK ROLL

Served with freshly cut seasoned chips or a side salad.

CANICENSE / R239

HALF PORTION / R145

200g beef fillet, bolo do caco, caramelised onions, grained mustard & rocket.

FILLET SLIDER / R99 

Carcaça roll, beef fillet, peppers, mozzarella, mushrooms, onion, garlic mayo & rocket.

PETISCOS / LIGHT MEALS

Served with toasted, buttered carcaça bread.

TRINCHADO

FILLET / R249

HALF PORTION / R149

200g fillet, creamy wine sauce with garlic, bay leaf & mustard, tomato, olives & seasoned chips.

CHICKEN TRINCHADO / R115

Chicken fillets, creamy wine sauce with garlic, onion, peppers & mustard, tomato, olives & seasoned chips.

MINI PRATOS / MINI PLATES (Allow 20 min to prepare)

Served with freshly cut seasoned chips or a side salad (excl Bacalhau com natas).

PEIXE / FISH

BACALHAU COM NATAS / R159

Oven-baked flaked codfish, cream, potatoes & onion.

FRANGO / CHICKEN

ESCALOPES DE FRANGO / R125

Crumbed chicken fillet, avocado, spinach & mushroom mix, feta rocket & sweet chilli sauce.

BIFINHOS DE FRANGO / R84

Grilled marinated chicken fillet.

CARNE / MEAT

PREGO NO PRATO COM OVO

BEEF / R99

CHICKEN / R79

Prego steak & a fried egg.

BIFE NO PRATO COM OVO / R219

200g Fillet steak, coarse salt, bay leaf & garlic rub & a fried egg.

BIFANA DE PORCO NO PRATO COM OVO / R109

Marinated pork loin & a fried egg.

SOPA / SOUP

Soups are prepared daily & served with a slice of toasted, buttered carcaça bread.

CALDO VERDE / R55

Chouriço, kale cabbage, potatoes & onion.

SALADAS / SALADS

VERDE / R39 

Mixed lettuce, cherry tomatoes, cucumber, onions, carrots & peppers.

FRANGO / R105

Verde salad, marinated chicken strips, avocado & cashews.

TUNA AND CHICKPEA / R134 

Verde salad, tuna, chickpeas, poached egg, avocado, olives, feta, toasted sesame seeds & lemon dressing.

SALGADOS / SAVOURIES

Please visit our savoury deli display.

HOT BEVERAGES

BEMBOM CONDENSED MILK COFFEE

Small / R34 Large / R43 Latte / R56

BICA / R28

Espresso

Double / R32

ITALIANA

Short espresso / R28

GAROTO

Short espresso & steamed milk / R30

CORTADO

Double espresso & steamed milk / R39

PINGO / Macchiato

Short espresso & frothed milk / R30

CAFÉ MOCHA

Hot chocolate, espresso & textured milk / R49

MEIA DE LEITE / Flat white

Single espresso, steamed milk & a thin layer of foam / R36

CAPPUCCINO

Single espresso, steamed milk & a thick layer of foam / R37 Double / R42

GALÃO / Latte

Single espresso & steamed milk / R42

Double / R48

AMERICANO

Single espresso & hot water / R28

CARIOCA DE LIMÃO COM MEL

Boiling water, lemon peels & honey / R16

CHÁ / TEA

ROOIBOS | FIVE ROSES / R28

GREEN TEA | CHAMOMILE | EARL GREY / R35

RED CAPPUCCINO / R38

RED LATTE / R44

EXTRAS:

Decaf / R5

Milk / R6

Whipped cream / R10

Milk alternative / R10



HOTTIES

EXTRA: Whipped cream & garnish / R10

MILO / R38

HOT CHOCOLATE / R48

BAR ONE | CHAI LATTE / R54

ICED COFFEE

AMERICANO / R28

COFFEE / R48

COCONUT MATCHA / R49

BEMBOM LATTE / R56

FREEZOS

EXTRA: Whipped cream & garnish / R10

COFFEE | BAR ONE | COCONUT MATCHA / R64

DOUBLE COFFEE - Shot of espresso / R72

FRUIT CRUSHERS

PASSION FRUIT | MANGO | WHITE PEACH / R52

SUMOS / SODAS & JUICES

100% SIR FRUIT JUICE / R42

MIXER CANS 200ML / R30

SODA DRINK CAN / R35

TIZERS / R49

LIPTON ICED TEA / R40

CORDIALS / R10

IMPORTED SOFT DRINKS (Subject to availability)

SUMOL CAN 330ML / R37

COMPAL 200ML / R40

UCAL DE CHOCOLATE / R56

AGUAS / WATER

BEMBOM STILL | SPARKLING 500ML / R24

IMPORTED PORTUGUESE WATERS

AGUA DO LUSO 500ML / R30

AGUA DAS PEDRAS SPARKLING 250ML / R44

PLATTERS

Ask your friendly waiter for the platter menu.





VISIT OUR ON-SITE BAKERIES AT OUR STORES BELOW.

Atterbury
087 265 9414

Bedfordview
011 455 0329

Boksburg
011 918 7576

Bruma
071 367 5206

Comaro
010 745 2474

Dowerglen
087 265 2039

Ferndale
010 035 2966

Karaglen
010 634 4858

Linden
010 745 3977

Maranatha
011 391 2782

Meadowdale
011 453 2012

Noordheuwel
011 568 0650

Northcliff
011 431 1025

Rynfield
010 021 0848

Witbank
060 929 1559

Wonderboom
010 555 0285