



Bembom

PORTUGUESE CAFE

Live the moment. Vive o momento

IMPORTANT FACTS:

All our breads and pastries are made from original recipes and freshly baked on a daily basis.

ALMOFADINHAS / Similar to tramezzini

BOLO DO CACO / Flat bread from the Madeira Islands

CARÇAÇA / Soft textured loafed bread

PÃO CASEIRO / Homemade sourdough bread

PÃO DE CENTEIO / Rye bread

PÃO DE DEUS / Sweet dough bread with a coconut egg topping

PÃO DE LEITE / Sweet dough bread

PAPO SECO / Bombom roll

PEQUENO ALMOÇO / BREAKFAST

SERVED ALL DAY

WAKE UP SHAKE UP / R42

Egg, bacon & carcaça.

WAKE UP SHAKE UP VEGETARIAN / R52

Egg, avocado or mushrooms & carcaça.

BUDGET / R49

Egg, bacon, baked beans & carcaça.

PROVINCIAL / R76

Egg, bacon, beef or pork sausage, baked beans, grilled tomato, onion & toast.

RABANADAS / R35 SINGLE SLICE / R18 ADD BACON / R26

Two slices of carcaça, dipped in milk & eggs, cinnamon, sugar & lemon zest.

PÃO DE LEITE BREAKFAST / R79

Egg, bacon, baked beans, avocado, mushrooms, tomato & pão de leite.

SALVADOR / R89

ADD JALAPEÑOS / R9

Egg, spicy mince, cheddar, tomato salsa & pão de leite.

SUNNY SIDE UP / R79

HALF PORTION / R45

Two fried eggs, spicy mince, tomato salsa, cheddar & a mini bolo do caco.

SANTO / R69

ADD EGG / R9

Avocado, cherry tomatoes, parmesan shavings, rocket, pesto & pão caseiro.

PORTUGUESE TOAST

Thick slice of toasted, buttered carcaça bread.

MEIA TORRADA / 1 SLICE / R16

TORRADA À PORTUGUESA / R30

EXTRAS:

Buttered toast / R7

Butter / R7

Jam / R8

BUDGET



OMELETTES & SCRAMBLED EGGS

Served with a choice of pão caseiro, white, rye or brown bread.

CREATE YOUR OWN OMELETTE WITH THE FILLINGS BELOW:

Parsley / tomato / onion / R7

Egg / peppers / jalapeños / olives / R9

Avocado / bacon / continental ham / salsichão / cheese / mushrooms / R26

Spicy mince / chicken or prego strips / beef or pork sausage / R38

Parma ham / R46

BEMBOM OMELETTE SANDWICH / R52  

Two egg omelette, tomato, onion, parsley & bembom roll.

MINI BEMBOM / R52 

Two egg omelette or scrambled eggs, tomato, onion & parsley.

TRADITIONAL / R52 

Three egg omelette or scrambled eggs.

CHEF'S RECOMMENDATIONS

BIFANAS DE PORCO / R49 

Marinated pork, Bembom roll or bolo do caco & seasoned chips or side salad.

FUNCHAL COMBO / R59

Small beef or chicken bolo do caco prego & a half portion soup of the day.

PASTEL DE BACALHAU SANDWICH / R86 

2 Pastéis de bacalhau, bembom roll & seasoned chips.

PREGOS

Choice of our marinated beef or chicken prego, prepared on a bembom roll or bolo do caco. Served with freshly cut chips, tossed in a salt, garlic, oregano & homemade pickle mix or a side salad.

CHEESE CHOICE: Gouda, cheddar or mozzarella.

BEMBOM ROLL

Beef or Chicken

TRADITIONAL / R69

TRADITIONAL WITH EGG / R78

ESPECIAL CHEESE & HAM / R99

SUPER CHEESE, HAM & EGG / R108

BOLO DO CACO

Beef or Chicken

TRADITIONAL / R79

TRADITIONAL WITH EGG / R88

ESPECIAL CHEESE & HAM / R109

SUPER CHEESE, HAM & EGG / R118





ALMOFADINHAS / TOASTED FLAT BREAD

Served with freshly cut chips, tossed in a salt, garlic, oregano & homemade pickle mix or a side salad.

CAPOEIRA / R99

Chicken mayo, mozzarella & gherkins.

HALF PORTION / R59

RUSTICO / R99

Bacon, mozzarella & avocado.

HALF PORTION / R59

FRANCESINHA

Beef or chicken, ham, salsichão, mozzarella & 2 slices of bread baked in the oven & served with spicy beer gravy.

EXTRAS: Chips / R20 Egg / R9

BEEF / R159

HALF PORTION / R104

CHICKEN / R149

HALF PORTION / R96

PORTUGUESE SPECIALITY BREADS, TOASTED SANDWICHES & FILLERS

Fill our speciality breads or croissants with the below. Served with freshly cut chips, tossed in a salt, garlic, oregano & homemade pickle mix or a side salad.

CHEESE CHOICE: Gouda, cheddar or mozzarella.

CHOICE OF BREADS & CROISSANTS:

Bembom roll / R6

Toasted pão caseiro, white, rye or brown / R12

Medium bolo do caco / R14

Pão de leite / R14

Butter croissant / R18

Pão de deus / R18

CHOICE OF FILLINGS

Two eggs / R28

Bacon & egg / R45

Bacon & cheese / R49

Bacon, egg & cheese / R66

Cheese / R34

Continental ham / R34

Cheese & continental ham / R54

Chicken mayo / R49

Tuna mayo / R56

Parma ham / R62

Parma ham & cheese / R72

Salsichão, cheese & egg / R68

PETISCOS / LIGHT MEALS

Served with toasted carcaça bread.

TRINCHADO / R159

200g fillet, creamy wine sauce with garlic, bay leaf & mustard, tomato, olives & seasoned chips.

HALF PORTION / R99

CHICKEN TRINCHADO / R99

Chicken fillets, creamy wine sauce with garlic, onion, peppers & mustard, tomato, olives & seasoned chips.

HALF PORTION / R59

MINI PRATOS / MINI PLATES (Allow 20 min to prepare)

Served with freshly cut chips, tossed in a salt, garlic, oregano & homemade pickle mix or a side salad.

PEIXE / FISH

BACALHAU COM NATAS / R99

Oven-baked flaked codfish, cream, potatoes, onion & a side salad.

FRANGO / CHICKEN

ESCALOPES DE FRANGO PANADO / R80

Crumbed chicken fillets, salad & seasoned chips.

BIFINHOS DE FRANGO / R70

Grilled marinated chicken fillet, salad & seasoned chips.

CARNE / MEAT

PREGO NO PRATO COM OVO / R79

Beef or chicken prego steak & a fried egg.

BIFE NO PRATO COM OVO 200G FILLET / R145

Fillet steak, coarse salt, bay leaf & garlic rub & a fried egg.

SALGADOS / SAVOURIES

Please visit our savoury deli display.

SOPA / SOUP

Our soups are prepared daily & served with a slice of carcaça bread.

CALDO VERDE / R48

Chorizo, kale cabbage, potatoes & onion.

SOUP OF THE DAY / R39

Please consult your waitron.

SALADAS / SALADS

VERDE / R36

Mixed lettuce, cherry tomatoes, cucumber, onions, carrots & peppers.

FRANGO / R99

Verde salad, marinated chicken strips, avocado & cashews.

TUNA AND CHICKPEA / R99

Verde salad, tuna, chickpeas, poached egg, avocado, olives, feta, toasted sesame seeds & lemon dressing.

PASTELARIA / PASTRIES

Please visit our pastry deli display.

Seasonal fruits & vegetables are subject to availability. Some food items have traces of nuts & sesame seeds. All visuals are suggested servings only. All extras & changes will be charged for accordingly. No splitting of bills is allowed.

HOT BEVERAGES

COFFEE **LAVAZZA** SUPER CREMA

60% arabica & 40% robusta blend with pleasantly balanced aromas of brown sugar & roasted hazelnut.

BEMBOM CONDENSED MILK COFFEE

Small / R34 Large / R42 Latte / R48

BICA

Espresso / R26 Double / R32

ITALIANA

Short espresso / R26

GAROTO

Short espresso & steamed milk / R26

CORTADO

Double espresso & steamed milk / R39

PINGO / Macchiato

Short espresso & frothed milk / R28

CAFÉ MOCHA

Hot chocolate, espresso & texturized milk / R49

MEIA DE LEITE / Flat white

Single espresso, steamed milk & a thin layer of foam / R35

CAPPUCCINO

Single espresso, steamed milk & a thick layer of foam / R37 Double / R43

GALÃO / Latte

Double espresso & steamed milk / R45

AMERICANO

Double espresso & hot water / R36

CARIOCA DE LIMÃO COM MEL

Boiling water, lemon peels & honey / R15

CHÁ / TEA

ROOIBOS | FIVE ROSES / R25

GREEN TEA | CHAMOMILE | EARL GREY / R32

RED CAPPUCCINO / R44

RED LATTE / R49

EXTRAS

DECAF / R5

MILK / R6

WHIPPED CREAM / R10

MILK ALTERNATIVE / R10



HOTTIES

EXTRA: Whipped cream & garnish / R10

HOT CHOCOLATE / R42

CHAI LATTE / R49

FRAPPE

CHOCOLATE / R42

CAFE MOCHA / R49

FREEZOS

EXTRA: Whipped cream & garnish / R10

COFFEE | BAR ONE / R62

DOUBLE COFFEE - Shot of espresso / R70

FRUIT CRUSHERS

PASSION FRUIT | MANGO / R50

FRUIT SMOOTHIES

GO GREEN / R56

Pineapple, kiwi, spinach, apple juice & mint.

PEANUT BUTTER BOOSTER / R60

Banana, peanut butter, yoghurt, cacao powder & honey.

TROPICAL TANGO / R56

Pineapple, mango, passion fruit & orange juice.

VERY BERRY / R56

Banana, mixed berries, yoghurt & berry juice.

BATIDOS / MILK SHAKES

VANILLA | CHOCOLATE | STRAWBERRY | LIME / R45

COFFEE / R50

SUMOS / SODAS & JUICES

100% SIR FRUIT JUICE / R38

FRESHLY SQUEEZED ORANGE JUICE / R42

MIXER CANS 200ML / R26

SODA DRINK CAN / R29

TIZERS / R44

LIPTON ICED TEA / R35

CORDIALS / R10

IMPORTED SOFT DRINKS (Subject to availability)

SUMOL CAN 330ML / SQ

COMPAL 200ML / SQ

UCAL DE CHOCOLATE / SQ

BRISA MARACUJA / SQ

AGUAS / WATER

BEMBOM STILL | SPARKLING 500ML / R20

IMPORTED PORTUGUESE WATERS

AGUA DO LUSO 500ML / SQ

AGUA DAS PEDRAS SPARKLING 250ML / SQ

PLATTERS

Ask your friendly waiter for the platter menu.



VISIT OUR ON-SITE BAKERIES AT OUR STORES BELOW.

Bedfordview
Boksburg
Comaro
Karaglen
Linden

Meadowdale
Noordheuwel
Northcliff
Rynfield
Wonderboom

Bedfordview
011 455 0329

Boksburg
011 918 7576

Bruma
010 615 0837

Comaro
010 745 2474

Karaglen
010 634 4858

Linden
010 745 3977

Meadowdale
011 453 2012

Noordheuwel
011 568 0650

Northcliff
011 431 1025

Rynfield
010 021 0848

Wonderboom
010 555 0285